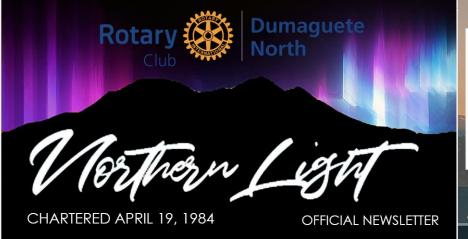
#### **ROTARY YEAR 2021-2022 OFFICERS**

ROTARY INT. PRESIDENT SHEKHAR MEHTA
DISTRICT GOVERNOR ANNA LOUISA BUMAGAT
ASST. GOVERNOR NESTOR NAVARRO

#### **ROTARY CLUB OF DUMAGUETE NORTH OFFICERS**

CLUB PRESIDENT NILO BARANDOG
IMMEDIATE PAST PRESIDENT WOLFGANG FRITZ
PRESIDENT-ELECT MARK ANTHONY TRAYVILLA
CLUB ADMINISTRATION RODELIO SOLON
MEMBERSHIP DOMINADOR UY
SPECIAL PROJECTS CHESTER CERIALES
COMMUNITY SERVICE MAX TENORIO
NEW GEN./VOCATIONAL BRUNO BOUFFARD III
PUBLIC IMAGE NILO RUPERTO
ROTARY FOUNDATION RAFAEL ORILLANA
CLUB SECRETARY MARK ANTHONY TRAYVILLA
ASST. SECRETARY RODELIO SOLON
CLUB TREASURER JOSEPH TUMACOLE
CLUB AUDITOR ROY ABELLA







RY 2021-2022

**AREA 3D DISTRICT 3860** 

#### THE OBJECT OF ROTARY

THE OBJECT OF ROTARY is to encourage and foster the Ideal of Service as a basis of worthy enterprise, and in particular, to encourage and foster:

First: The development of acquaintance as opportunity for Service.

**Second:** High Ethical Standards in business and professions, the recognition of the worthiness of all useful occupations, and the dignifying of each Rotarian's occupation as an opportunity to serve society.

**Third:** The application of the Ideal of Service in each Rotarian's Personal, business, and community life.

**Fourth:** The advancement of International Understanding, goodwill and peace through a world fellowship of business and professional persons united in the Ideal of Service.

# THE FOUR-WAY TEST OF THE THINGS WE THINK, SAY OR DO

- 1. IS IT THE TRUTH?
- 2. IS IT FAIR TO ALL CONCERNED?
- 3. WILL IT BUILD GOODWILL AND BETTER FRIENDSHIP?
- 4. WILL IT BE BENEFICIAL TO ALL CONCERNED?

**NORTHERN LIGHT** 

#### THE ROTARY CLUB OF DUMAGUETE NORTH

ROTARY YEAR 2021-2022

## 17TH REGULAR MEETING **April 29, 2022**

ANG TAY RESTOBAR

program

master of cermonies DIR. NILO RUPERTO

invocation / singing of DIR. MAX TENORIO national anthem

reading of objects of rotary and the four-way test RTN. LITO BARBA

introduction of guests and visiting rotarians ASEC RODELIO SOLON

recognition/finest moments PP JERRY ORILLANA

fellowship singing DIR. CHESTER CERIALES president's time PRES. NILO M. BARANDOG

assignment for next meeting

Master of Ceremonies PP GIDO ALCANTARA Invocation & Singing DIR. ROY ABELLA Reading RTN. NESTOR CATAN Recognition/Finest Moments PP EFREN JUICO Fellowship Singing DIR. WILLIAM TACALDO

"Seve to Change Lives"

#### **RCDN ACTIVE MEMBER LIST**

	NAME	BLOOD TYPE	CLASSIFICATION	SPOUSE
1	ABELLA, ROY TUBIO	·	Law Enforcement	Evangeline
2	ALCANTARA, GIDEON	A+	Real Estate	Audrey
3	BANOGON, ED	0	Food Processing	Pines (0)
4	BARANDOG, NILO	0	Retailing	Myrna
5	BARBA, ANGELITO	O+	Retired-Gov't Employee	Felicitas
6	BOUFFARD, BRUNO III	A+	Businessman	Marites
7	CATAN, NESTOR			
8	CAMAD, ALI JR.		Lawyer	
9	CERIALES, CHESTER		Lawyer	Jocelyn
10	DEL MAR, MARCIANO	A+	Law Enforcement	Jane (A+)
11	DISTRITO, DOMINICIANO	Α	Law Enforcement	Leonita (B)
12	FLORES, FELIPE VICENTE	A+	Retail Banking	
13	FRITZ, WOLFGANG	0-	Retired, Banking	Monay
14	GRAVERHOLT, PETER JENS	0+	Shipping	Jane
15	INOCENCIO, EDUARDO	A	Farming	Memen (AB+)
16	JABINES, DONOVAN	В	EYE/Physician	Doreen
17	JOHNSTON, ALAN		Business Manager	Dyna
18	JUICO, EFREN	AB+	Retailing	Dolly (A)
19	LOZADA, PERPETUO	Α	Behavioral Sch.	Phylda
20	KONKE, GREG			
21	MIRAFLOR, ERNIE "BINGBONG"	A+	Comelec	Tonette
22	MUŇEZ, JULIUS			
23	ORILLANA, JEREMIAH C.	A+	Mitsubishi Car dealer	
24	ORILLANA, RAFAEL	0+	Election Law	Marisa
25	REMOLLO, ANTONIO			
26	RICONALLA, CYRUS		Lawyer	
27	RUPERTO, NILO L.	0	Real Estate Law	Ellen (A)
28	SILLERO, PHILIPEDES	A+	Businessman	
29	SOLON, RODELIO		Lawyer-Engineer	Vitchie
30	TABASUARES, ERNIE	A+	Mgt. Consultant	Marivel (0)
31	TACALDO, WILLIAM	В	City Fire	Evelyn
32	TENORIO, MAXIMINO M.	0	Gov't Service	Sonia (B)
33	TRAYVILLA, MARK ANTHONY	AB+	Lawyer	Ivy Muriel
34	TUMACOLE, JOSEPH		Lawyer	Catherine
35	UY, DOMINADOR	В	Lawyer	Marlene
36	VALENCIA, ERNESTO LEONARDO	В	City Prosecutor (Retired)	Lolita

MEMBERSHIP RCDN CORNER

#### **RCDN PAST PRESIDENTS**

KCDN PAST PRESIDENTS				
1	Miguel "Mike" Lalog +	1984-1985		
2	Herminiano "Dodong" Silva	1985-1986		
3	Rodolfo "Rudy" Cid +	1986-1987		
4	Nicanor "Nic" Rosario +	1987-1988		
5	Rodolfo "Rudy" Jandoc	1988-1989		
6	Eduardo "Ed" Inocencio	1989-1990		
7	Juanito "Johnny" Magbanua	1990-1991		
8	Jose "Joe" Caduyac	1991-1992		
9	Jose Perpetuo "Pepz" Lozada	1992-1993		
10	Rolando "Rollie" Regalado	1993-1994		
11	Efren "A Friend" Juico	1994-1995		
12	Nehemias "Neming" Vidal	1995-1996		
13	Francisco "Paco" Arada	1996-1997		
14	Baldomero "Badz" Martinez	1997-1998		
15	Arturo "Art" Umbac +	1998-1999		
16	Ernie "Bongo" Tabasuares	1999-2000		
17	Fernando "Nanding" Ybañez +	2000-2001		
18	Eduardo "Ed" Banogon	2001-2002		
19	Felipe "PJ" Juico +	2002-2003		
20	Aristotle "Aris" Manaligod	2003-2004		
21	Cenen "Nen" Gabay	2004-2005		
22	Gaudencio "Bong" Noble	2005-2006		
23	Santiago "Kid" Villarin +	2006-2007		
24	Generoso "Gener" Licerio	2007-2008		
25	Ramses "Ram" Santos	2008-2009		
26	Thomas "Tom" Howlett	2009-2010		
27	Herbert "Dodong" Timtim	2010-2011		
28	Raymundo "Bebot" Salgado	2011-2012		
29	Gideon "Gido" Alcantara	2012-2013		
30	Rafael "Paeng" Orillana	2013-2014		
31	Reynaldo "En-en" Piñero +	2014-2015		
32	Ernesto "Ernie" Valencia	2015-2016		
33	Nilo "Nil" Ruperto	2016-2017		
34	Marciano "Mars" del Mar	2017-2018		
35	Dominador "Bebe" Uy	2018-2019		
36	Jeremiah "Jerry" Orillana	2019-2020		
37	Wolfgang "Wolfie" Fritz	2020-2021		

#### LIST OF PAUL HARRIS FELLOWS

-	
Andy Preston (11 Stones)	1986-2000
Ernesto Quiamco	1987-1988
Spouse Inday Quiamco	1988-1989
Ramon Sy	1991-1992
PP Miguel "Mike" Lalog	1991-1992
PP Juanito "Johnny" Magbanua	1993-1994
Rading Cabauatan	1997-1998
PP Fernando "Nanding" Ybañez +	1997-1998
PP Eduardo "Ed" Banogon	1998-1999
PP Felipe "PJ" Juico	1998-1999
Ariel Masangkay	1998-1999
RTN. Don Park	1998-1999
PP Baldomero "Badz" Martinez	2000-2001
Spouse Mildred Preston	2000-2001
PP Nehemias "Neming" Vidal	2000-2001
PP Efren "A Friend" Juico	2002-2003
RTN. Tony Hulse	2002-2003
Spouse Abeth Cabauatan	2004-2005
PP Santiago "Kid" Villarin+	2004-2005
Spouse Dolores Juico	2006-2007
PP Nic Rosario +	2006-2007
PP Thomas "Tom" Howlett	2006-2007
PP Herbert "Dodong" Timtim	2009-2010
RTN. Joel Obar	2010-2011
PP Nilo Ruperto	2016-2017
PP Perpetuo Lozada	2016-2017
PP Wolfgang "Wolfie" Fritz	2017-2018
Jens Peter Graverholt	2021-2022

#### SUSTAINING MEMBERS

PP Jose "Joe" Caduyac	
PP Ramses "Ram" Santos	
Rolie Regalado	
Boy Sampiton	
PP Gideon "Gido" Alcantara	
PP Raymundo "Rey" Salgado	
PP Eduardo "Ed" Inocencio	
PP Rodolfo "Rudy" Jandoc	
PP Aristotle "Aris" Manaligod	

# a night of fun tellowship....

RCDN Fellowship during the 38th Charter Day Celebration last April 22, 2022 at San Ramon Nonato Residence in Siquijor with visiting club RC Dumaguete South and Guests...





















### ROTARY INFORMATION

#### WHY BEING KIND IS IMPORTANT AS EVER

Excerpt taken from Rotary.org

Doing good doesn't only benefit other people. It helps us, too.

Studies show that helping others boosts serotonin, a neurotransmitter that makes us feel satisfied. Another benefit to feeling rewarded when we do good: It lowers our stress levels. Who couldn't use that right now?

XXX

"Rotarians in particular have a high need for being compassionate," says Psychologist psychologist Mary Berge. They are desperate to get that feel-good feeling again. I think they see that in doing these things, it relieves our own stress, sadness, anxiety, and irritability."

"When we express meaningful and intentional gratitude or engage in planned acts of kindness, we experience the benefits of serotonin and dopamine, which are two neurotransmitters responsible for us feeling pleasure or joy," "Not only do we benefit others from this activity, but it has a way of recharging our batteries."



A MAN IS lying on the beach, wearing nothing but a cap over his crotch. A woman passing by remarks, "If you were any sort of a gentleman, you would lift your hat to a lady." He replies, "If you were any sort of a sexy lady, the hat would lift by itself."

"IF YOU WERE a fruit, you'd be a fine-apple."

AT ST. PETER'S Catholic Church in Toronto, they have weekly husband's marriage seminars.

At the session last week, the priest asked Giuseppe, who said he was approaching his 50th wedding anniversary, to take a few minutes and share some insight into how he had managed to stay married to the same woman all these years.

Giuseppe replied to the assembled husbands, "Wella, I'va tried to treat her nicea, spenda da money on her, but besta of all is, I tooka her to Italy for the 25th anniversary!"

The priest responded, "Giuseppe, you are an amazing inspiration to all the husbands here! Please tell us what you are planning for your wife for your 50th anniversary?" Giuseppe proudly replied, "I gonna go pick her up."

A MAN APPROACHED a very beautiful woman in the large supermarket and asked, "You know, I've lost my wife here in the supermarket. Can you talk to me for a couple of minutes?" The beautiful woman then asked, "Why?"

"Because every time I talk to a beautiful woman my wife appears out of nowhere."

A MAN AND a woman had been married for 30 years, and in those 30 years, they always left the lights off when having sex. He was embarrassed and scared that he couldn't please her, so he always used a big dildo on her. All these years she had no clue. One day, she decided to reach over and flip the light switch on and saw that he was using a dildo. She said "I knew it! explain the dildo!" He said, "Explain the kids!"



RCDN FINEST MOMENTS PRESIDENT'S TIME



















Truly, the only way to grow as a club is to move forward without forgetting where we came from -- and without our leaders, RCDN would not be where it is now. As we continue to provide service, we remember and admire the leadership of our Past Presidents during the 38th Charter Day Celebration.

Club Partners and Sponsors were also recognized during the activity as a way of showing our continued appreciation and gratitude.

# AGENDA

- 1. CHARTER DAY RAFFLES UPDATE
- 2. CAMP FERNANDDZ PRE-SCHOOL PROJECT
- 3. FELLOWSHIP RIDE
- 4. OTHER MATTERS

NORTHERN LIGHT NORTHERN LIGHT





